

TLC October & November 2010 at HAPO Tabora, Tanzania.

<http://www.hapotabora.net>

The Meals Programme now called TLC – Tabora League for Children - feeds a group of vulnerable and orphaned children in Tabora, Tanzania who attend an outreach centre for street children called HAPO. Each day the children are provided with a hot meal, often the only meal they will get that day. This provides much needed nourishment and strength to help the children attend school and hopefully give them a brighter future, away from life begging on the streets. The food is bought and cooked every day by Adela and Deus, two Tabora residents. The programme is reliant on kind donations. Therefore, if you would like to help please make a donation to "Tabora Meals for Children Trust" Barclays Bank, UK, Sort code: 209748 A/C No. 03224031 and contact Siwan, Margaret, or Sandy (siwan.g@hotmail.co.uk)

Congratulations TLC First Anniversary Party



The children, looking very smart, wait after their lunch, to sing for the visitors and guardians. Thank you all for feeding and providing for them.

Since 26th October 2009 TLC has provided meals 6 days per week for up to 58 orphans and vulnerable children. TLC has bought school uniforms for those not individually sponsored to attend private schools. TLC provides extra tuition and health care for the children. TLC also extends its provision to 45 other children in some outlying villages. The Chair of TLC Trustees, Siwan Griffiths, came to Tabora shortly after the anniversary and so we delayed the party until her arrival! We thank the HAPO Board, the wonderful HAPO staff, the trustees of TLC but most especially you, our supporters.

New mosquito nets were given out to each child as to help reduce the incidence of malaria. The previous Saturday 6 children tested positively for malaria when taken to the clinic. TCWT, took the opportunity to complete its distribution of 60 litre water storage containers at the party.



Ice Cream

Siobhan left Tabora in early October and had a busy last week, taking one of our grannies by bus to a distant hospital for a hysterectomy, getting the knitting project started and giving the kids a treat of ice



cream while coping with a bout of Malaria. We look forward to her return in the New Year.

Bukumbi and Shitage

For two villages about 10 miles from Tabora, TLC (the Meals Programme now called Tabora League for Children) decided to continue the HAPO tradition of helping orphans and vulnerable children to attend school by providing school necessities. Beatrice went by bus and then motor bike to stay for a couple of nights in the village to distribute books and bags and get uniforms made for the children. As no shoes are available there she took a sack of second hand school shoes along with exercise books, school bags etc. Beatrice is seen here loading the taxi she took to get to the bus stop.



Knitting: Lucy, standing centre picture, has come to teach Bernadette, of Tabora Womens Income Generation Activities (TWIGA), to knit with a machine and is also teaching one of our older girls who has dropped out of school (for the 3rd time!). We have been offered premises in Isevya, a poor suburbs of Tabora. Hopefully the Isevya Centre will house the Knitting Project, providing income generation and vocational training.



These children have grown a head's height in two years of getting meals at HAPO as pictured here by Elisabeth Hansen on a return visit in November.



Washing Clothes



The children bring their school clothes to wash on a Saturday as there is not enough water for washing clothes at home. They take turns to use the buckets and bowls and occasionally change the washing water. It is dry and dusty here just now and difficult to stay clean. The washing water was purchased yesterday and brought in ten 20 litre containers on a hand cart from a well a mile away. Its hard work pushing the hand cart up to the roundabout from the well but

also very hard guiding it down the steep hill on our sandy rutted road and the water sellers are running fast by the time they swerve into HAPO.

Emma, seen here with a young friend, came to HAPO as a volunteer in 2009. She loved Tabora and the children and just stayed on. Sadly the time has come for her to move on and she is missed by all.



Recently we all welcomed a visit from her brother Michael seen on the right here with Emma on his way to the airport for his trip home. The kids loved having an energetic young man to play football with them and help them with their lessons.



Football playing visitors are always very welcome here! As are enthusiastic volunteers of all ages. If you would like to come and visit or

volunteer for a while, or sponsor a child, or help other aspects of HAPO, please email hapo_tabora@yahoo.com.

If you would like to help finance TLC the children's Meals Programme please make a donation to "Tabora Meals for Children Trust" Barclays Bank, UK, Sort code: 209748 A/C No. 03224031.